

Baby You Can Drive My Car: Using The Functions of Type

The gold in Carl Jung's Type theory lies in the functions—the eight fundamental forms of mental activity. This interactive workshop gives each participant a hands-on experience with each function. Extraverted Sensing, introverted Feeling, extraverted Thinking—all eight of the functions get a focus so participants learn not only how to recognize each function, but how each function feels.



Using an OKA-original design (OKA's Car Model), the workshop presents an interactive process, that demystifies type dynamics and the concept of a dominant, auxiliary and inferior function. Going beyond the basics, this workshop exploring how to use the functions and type dynamics (and even how to, in turn, teach them) within your coaching, training and leadership development work.

This workshop is perfect for both those new to personality Type as well as those more experienced with the model and tool. Participants must know their own preferences, but no other knowledge, experience or tool certification is required. The workshop will introduce and cover all the information needed to understand and use Type on the function level.

Workshop objectives:

- Experience OKA's Meet the Functions exercise—giving you hands-on experience with each of Type's 8 mental functions.
- See and get experience conducting OKA's Car Model—an interactive approach to learning and applying Type dynamics.
- Generate and learn techniques to activate and exercise each mental function—Sensing, iNtution, Thinking and Feeling.
- Write a tailored action plan to apply the workshop's content to personal and professional development.



Type Dynamics Type Table

ISTJ Dominant: Si Auxiliary: <u>Te</u> Tertiary: Fi Inferior: Ne	ISFJ Dominant: Si Auxiliary: Fe Tertiary: <u>Ti</u> Inferior: Ne	INFJ Dominant: Ni Auxiliary: Fe Tertiary: <u>Ti</u> Inferior: Se	INTJ Dominant: Ni Auxiliary: <u>Te</u> Tertiary: Fi Inferior: Se
ISTP Dominant: <u>Ti</u> Auxiliary: Se Tertiary: Ni Inferior: Fe	ISFP Dominant: Fi Auxiliary: Se Tertiary: Ni Inferior: <u>Te</u>	INFP Dominant: Fi Auxiliary: Ne Tertiary: Si Inferior: <u>Te</u>	INTP Dominant: <u>Ti</u> Auxiliary: Ne Tertiary: Si Inferior: Fe
ESTP Dominant: Se Auxiliary: <u>Ti</u> Tertiary: Fe Inferior: Ni	ESFP Dominant: Se Auxiliary: Fi Tertiary: <u>Te</u> Inferior: Ni	ENFP Dominant: Ne Auxiliary: Fi Tertiary: <u>Te</u> Inferior: Si	ENTP Dominant: Ne Auxiliary: <u>Ti</u> Tertiary: Fe Inferior: Si
ESTJ Dominant: <u>Te</u> Auxiliary: Si Tertiary: Ne Inferior: Fi	ESFJ Dominant: Fe Auxiliary: Si Tertiary: Ne Inferior: <u>Ti</u>	ENFJ Dominant: Fe Auxiliary: Ni Tertiary: Se Inferior: <u>Ti</u>	ENTJ Dominant: <u>Te</u> Auxiliary: Ni Tertiary: Se Inferior: Fi